

Cathedral of St. Michael the Archangel



First Sunday of Lent

Join us for Holy Mass



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CLERGY, STAFF, AND VOLUNTEERS

- Bishop William Draper Byrne
- Very Reverend Gary M. Dailey, Rector
- Rev. Yerick Méndez, Parochial Vicar
- Rev. Sinh Trinh, Parochial Vicar
- Deacon Angel Pérez
- Deacon José Rivera
- Dolly Garzón, Ministerio Pastoral
- M. Lynn Dubreuil, Director of Religious Ed.
- Ashley Duplessis, Director of Music
- Jacob Broer, Head Sacristan and Assistant to the Director of Music
- Michael Gilsinger, Weekend Sacristan
- Julian Flores, Maintenance
- Paul E. Evans, Jr., Altar Server
- Mary Jeanne Tash, Safety & Security Coordinator
- Wanda Castellano, Administrative Assistant

All Masses are celebrated in the Cathedral



Weekdays, M-F: 12:10 p.m.
Saturday, Vigil Mass: 4:00 p.m.
SUNDAY MASSES: 8:30 a.m., 10:00 a.m., and 4:00 p.m.
Misa en Español: domingo, 11:45 a.m.
Holy Day of Obligation: As announced



Sacrament of Reconciliation / Confession

Saturday: 3:15 - 3:45 p.m. or by appointment

MARCH 8-16, 2025

MASS INTENTION / MASS OR SERVICE

(MASSES ARE CELEBRATED IN THE CATHEDRAL UNLESS NOTED ELSEWHERE, BELOW.)

Saturday Vigil	March 8	4:00 p.m.	†Fr. Gerald Lafleur
Sunday	March 9	8:30 a.m.	The People of St. Michael's Cathedral
Sunday	March 9	10:00 a.m.	†Delia Esther Acobe and †Juan Acobe
Domingo	9 de Marzo	11:45 a.m.	†José Torres
Sunday	March 9	4:00 p.m.	†Richard and Virginia Gilsinger
Monday	March 10	12:10 p.m.	Health and Healing for Liz P. and Family
Tuesday	March 11	12:10 p.m.	†Fr. Daniel Foley (7 th Ann.)
Wednesday	March 12	12:10 p.m.	†Chrissie Brennan
Thursday	March 13	10:00 a.m.	Pro-Life Vigil / Vigil for the Unborn
Thursday	March 13	12:10 p.m.	†Margoth Martínez
Friday	March 14	12:10 p.m.	†Sr. Margaret McNaughton and †Mrs. Patricia McNaughton-McNamara
Saturday Vigil	March 15	4:00 p.m.	†Matilde Galvan de León and †Esther Lucy Salgado
Sunday	March 16	8:30 a.m.	
Sunday	March 16	10:00 a.m.	†Maria Tran Thi Lanh
Domingo	16 de Marzo	11:45 a.m.	Los Legionarios, Vivos y Difuntos
Sunday	March 16	2:00 p.m.	The Rite of Election
Sunday	March 16	4:00 p.m.	†Atty. Philip Lauro

Please pray for our dearly departed brothers and sisters in Christ, marked with the sign of faith †.

The First Sunday of Lent

Adoration of the Blessed Sacrament at the Cathedral

- 2nd Thursday of each month following the Pro-Life Vigil, before the 12:10 p.m. Mass (English).
- Tuesdays at 6:00 p.m. in the Holy Spirit Chapel (Spanish).

All are welcome. Todos son bienvenidos.

Be with me, Lord, when I am in trouble.

The 1st Sunday of Lent, THE GOSPEL ACCORDING TO LUKE, **Luke 4:1-13**,
United States Conference of Catholic Bishops, <https://bible.usccb.org/bible/readings/030925.cfm>

WEEKLY COLLECTIONS

MARCH 1-2, 2025, 8th Sunday in Ordinary Time

This information was not available prior to publication submission. It will appear in the future bulletin.

MISSION STATEMENT / MISIÓN

Guided and protected by our patron Saint Michael the Archangel, the Cathedral parish is a welcoming, diverse community which embodies the mission of Christ who strengthens us by the sacraments.

Guiada y protegida por nuestro patrón San Miguel Arcángel, la parroquia Catedral es una comunidad acogedora y diversa que encarna la misión de Cristo quién nos fortalece a través de los sacramentos.

From the Rector's Desk:

Almost every day we pray in the Lord's Prayer - "lead us not into temptation." There has been a lot of questioning over whether God would actually lead His people into situations that would cause them to sin. Surely, He would not lead us down a path of sin and failure. What we need is a proper understanding of temptation and virtue and the good that worldly temptation can provide for our spiritual health.

We hear in today's Gospel that "Jesus was led by the Spirit into the desert to be tempted by the devil." Jesus was led into the desert to be tempted for a full 40 days and 40 nights. Now, the question is, "Why?" What purpose does it serve for us to be tempted to sin?

God is not tricking us or setting traps for us to fail. It is quite the opposite. He wants us to succeed and to continually grow in virtue and holiness. Our temptations provide us with practice and opportunities to triumph over them, they help us to build virtue. The Church teaches us that spiritual growth requires testing. If we remain stagnant, we cannot grow. Temptation fine tunes and sharpens our virtue.

Temptation highlights our weaknesses, enabling us to examine and know our innermost selves so that we might, with the grace of God, overcome them and grow closer to Him. With God's grace, we can resist the everyday temptations to sin that lay before us. Each of us, according to his or her own circumstances, are given exactly what we need to choose virtue over sin. Temptations are proportionate to the holiness and spiritual strength of the one being tempted.

What is the true virtuous response to temptation? There is the "The Parable of the Twenty-Dollar Bill." Two different men walk past an unattended \$20 bill on a co-worker's desk. Both notice the money and that no one is around to notice if they take it. One man stops and wrestles with the temptation, but ultimately decides the theft is wrong and moves along. The other man does not even consider theft and continues on his way. Neither man sinned, but only one man exhibited true virtue. You might be wondering, if the first man ultimately did the right thing, what could possibly be the problem? There is not necessarily a problem, per se, but we are not called to just wrestle with our conscience every day and simply go about not sinning. Rather, we are called to holiness and virtue. Virtue is more than one act, it is more than a repeated action, it is a disposition to do the good with ease, promptitude and joy...A virtue is more than doing the right thing, it is the power to do the right thing with the right attitude, with ease and joy.

None of this is possible without prayer. We cannot work through our temptations and avoid sin by our own brute strength, because we are not stronger than Satan by ourselves. We must fortify our spiritual lives through constant communication with Jesus who strengthens us. He will help us to overcome our temptations if we ask Him.

Whether they stem from pride, lust, gluttony, sloth, envy, wrath, or greed, we all suffer through the daily temptations of our individual inclinations. Spend some time considering the areas Satan attacks you with the most temptation. Being honest with yourself is a difficult and humbling thing to do, but it's necessary for spiritual growth. Be encouraged that you CAN overcome temptation, no matter how difficult. Spend time with the Lord in prayer, asking Him to give you all of the graces to overcome these temptations to sin. With hope, look forward to the day you can move through these temptations with ease and joy in virtue.



The Knights and Ladies of Saint Peter Claver will host the Annual Lenten Luncheon in the Bishop Marshall Center after the 12:10 p.m. Mass on Friday, March 21st.

Diocese of Springfield Lenten Regulations, 2025

1. Ash Wednesday and Good Friday are days of abstinence from meat as well as days of fast, when only one full meal is allowed. On days of fast, two other meatless meals may be taken according to one's needs, but together they should not equal another full meal.
2. The other Fridays of Lent are days of abstinence from meat.
3. The obligation to abstain from meat begins at age fourteen (14) and does not cease.
4. The obligation to fast begins at age eighteen (18) and ceases at age fifty-nine (59).

Please note:

Although the faithful may excuse themselves from fast and abstinence, for a just cause, there is an obligation to substitute another penance in its place. No Catholic should lightly excuse him/herself from these Lenten

CONFESSIONS: In addition to the Saturday afternoon confessions 3:15-3:45, beginning with Ash Wednesday, we will have confessions available from 11:30 - 12 noon in the Cathedral. Confessions are always available by appointment. You can call the rectory and make an appointment with any priest.



STATIONS of the CROSS



PRAYING THE STATIONS DURING LENT:

We will be praying the Stations of the Cross in the Cathedral each Friday after the 12:10 p.m. Mass. We will also have Stations of the Cross in Spanish each Friday evening at 6:30 p.m.

Seeking Volunteer Prayer Angels for Our Prayer Request Line

If you find peace in praying for other persons in the silence of your Upper Room, please consider joining our Prayer Request Line. This ministry is vital to the spiritual and physical health and well-being of our parish community. Please contact the parish office (413) 781-3656 / stmichaelscathedral@diospringfield.org.

Liturgy, Dinner and Dance for Married Couples

St. Elizabeth Parish in Ludlow has planned a "*Celebrate the Sacrament of Marriage Liturgy*" followed by a Dinner/Dance for Saturday, March 29th. The regularly scheduled 4:00 p.m. Saturday evening Mass at the parish will include prayers for marriage and a blessing for married couples. The Mass will be followed by a social and buffet dinner/dance at the SJB Pastoral Center. This event is celebrated in honor of husbands and wives who share in the Holy Sacrament of Matrimony. The buffet dinner/dance is by reservation only - by no later than March 22nd.

Cost: \$45.00 per couple with "group reservations" available for a table maximum of 10 people.

Website: stelizabethludlow.org/marriage-ministry.

GROWING IN FAITH												
WORD SEARCH												
N	O	I	T	A	T	P	M	E	T			
D	B	S	M	O	D	G	N	I	K			
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S	O	P	O	W	E	R	U	R	E			
H	S	W	H	U	N	G	R	Y	D			

Enjoy searching for the hidden word, name or phrase that is comprised of the remaining letters.

Last Week's Hidden Message:

PRAY FOR POPE FRANCIS.

ANGELS

BREAD

DESERT

DEVIL

FORTY DAYS

GLORY

HOLY SPIRIT

HUNGRY

KINGDOMS

POWER

SON OF GOD

STONE

TEMPTATION

WORSHIP